



# Calvert County NEWS

175 Main Street  
Courthouse  
Prince Frederick, Maryland 20678  
Phone: 410-535-4583 • 301-855-1880  
www.co.cal.md.us

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## FOR IMMEDIATE RELEASE

**Date:** | May 6, 2010  
**Contacts:** Danita Boonchaisri, Marketing/Communications Specialist  
410.535.4583 E-mail: [danitab@co.cal.md.us](mailto:danitab@co.cal.md.us)  
Mark Volland, Public Information Specialist  
410.535.4583 E-mail: [vollanrm@co.cal.md.us](mailto:vollanrm@co.cal.md.us)

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### **Calvert County Bursting with Outdoor Farmers Markets in North Beach, Prince Frederick and Solomons**

**PRINCE FREDERICK, Md. – May 6, 2010**– Eating fresh and eating local will be easier than ever this year at four Calvert County farmers markets.

Offering a host of Southern Maryland produce, the Calvert County markets open on the following schedule:

*Prince Frederick at Calvert Memorial Hospital*  
*Tuesdays, 3-7 p.m., May 4 through November 23*  
*Solomons on the Riverwalk*  
*Thursdays, 4-8 p.m., May 6 through November 18*  
*North Beach at 5<sup>th</sup> Street*  
*Fridays, 6-9 p.m., May 14 through October 8*  
*Prince Frederick at Calvert Fairgrounds*  
*Saturdays, 7:30 a.m. - 12 p.m., May 8 through November 27*

Late spring markets include items like bedding plants (vegetable, herbs and flowers), hanging baskets and tasty salad greens, asparagus, kale and strawberries. Markets will include many of the favorite vendors from last year with plenty of fresh produce, baked goods, seafood and cut flowers.

Calvert County farmers markets are unique because each is a producer-only market. The vendors are only allowed to sell produce raised by a local farmer and each market sells

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products that are regionally available seasonally. To find a list of seasonally available produce, visit [www.somarylandsgood.com/inseason/index.asp](http://www.somarylandsgood.com/inseason/index.asp).

All county farmers markets accept WIC and Senior Farmers Market Nutrition Program vouchers from the Maryland Department of Agriculture.

For more information on Calvert County's agricultural community, visit [www.calvertag.com](http://www.calvertag.com), or contact the Calvert County, Md., Department of Economic Development at 410.535.4583, 800.331.9771 or 301.855.1880, via e-mail at [info@ecalvert.com](mailto:info@ecalvert.com), or on the Web at [www.ecalvert.com](http://www.ecalvert.com).

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*Calvert County is Maryland's smallest county in land area with 213 square miles. It is home to over 90,000 people and has one of the highest standards of living in Maryland. There are more than 5,000 businesses in the county and a labor force of at least 1.8 million resides within a one-hour drive. Major industries include defense contracting, information technology, tourism, utilities, light manufacturing and administrative services.*