



CALVERT COUNTY COMMISSION ON AGING

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Board of Commissioners
Mark C. Cox Sr.
Catherine M. Grasso
Earl F. Hance
Mike Hart
Todd Ireland

Minutes July 20, 2023

Charles Harrell called the meeting to order at 9:02 a.m. The meeting began with a prayer and the Pledge of Allegiance. This meeting was held at the Calvert Pines Senior Center.

Attendees: Charles Harrell, Harriet Yaffe, Kris Strauss, Terry Long, Anne Weems, Noelle Flaherty, Margaret Phipps, Sudha Haley, Ed Sullivan, Liz Youngblood

Non-Attendees: Christy Jones, Elizabeth Foster

Guest: Deb Mikell, Christine Wilson, Jessie Richards, Amber Yates

Agenda/Minutes: The agenda/minutes were distributed. Motion to approve Minutes: Margaret; Second: Terry. Minutes approved.

Chair and Vice Chair Remarks/Reports: Charles Harrell/Harriet Yaffe

- Introductions were made to guests.
- Guest speaker, Jeremy Bradford could not make today's meeting. Reschedule for possibly September.
- Charles attended a meeting with the Charles/St. Mary's Counties COA.
- Harriet will be meeting today with Secretary on Aging to discuss CFL.

OOA Report:

- Report distributed and discussed.
- North Beach may possibly be reopening in August after water pipe break. Meals on Wheels for North Beach area are being picked up at CPSC and delivered.

Delegate and Committee Reports:

Community Awareness and Outreach: Vacant

- Chair for this committee is still vacant.
- Christine W. is interested in being on this committee.

Housing: Terry

- Possible to schedule Shawn Kingston for Oct./Nov. COA meeting.

Transportation: Noelle

- No report

Wellness: Noelle/Kris

- Updated CalvertHealth website with "Community Resources" information.
- Breast Cancer Walk in October
- Christine discussed "Dementia Live" virtual demonstration. Training free. Will schedule a demo for COA.
- Discussion concerning caregivers needing resources. Many are family not knowing how to care for individuals. Jesus the Good Shepherd has a support group.
- Deb is interested in being on the Wellness Committee.

Alzheimer's Support Group: Charles

- Three Alzheimer's Support Groups ongoing
- Alzheimer's Walk – Saturday, Sept. 23

AARP/NARFE/United Seniors of Maryland: Sudha

- Report was distributed

Age Friendly Community (AFC): Ed

- Introduced the AFC to new members/guests.
- Possible to host more focus groups
- “Action Plan” to be submitted, deadline of September, 2024
- Received 134 responses to surveys
- Possible to have a booth at the Calvert County Fair in September.
- Outreach in September at Brooks Church and Middleham
- Discussed to leave online survey open until October, then stop to gather information for better understanding.
- Need for better representation in various areas of the county.
- Surveys can be distributed via MOW, churches, home health agencies, Hospice of the Chesapeake volunteers, Highway to Health
- Contractors for home repairs for seniors were a priority on surveys. Possible to encourage BOCC to support.

Nominating Committee: Margaret

- Continuing to recruit. Commission not represented ethnically.

Unfinished Business:

New Business:

- Motion to approve Deanna Carlson for COA made by Charles; Second: Anne. Approved by members.
- Motion to approve Christine Wilson for COA made by Charles; Second: Terry. Approved by members.
- Motion to approve Andrea Thomas for COA made by Charles; Second: Harriet. Approved by members.
- Liz will forward recommendation letters to BOCC and confirm appointment date with BOCC.

Members' Concerns:

- Margaret talked to Judge Chandlee regarding local attorneys to assist seniors with wills at a discount.

Announcements:

- BOCC has supported and sent the COA's letter of concern regarding licensing difficulties for nurses to Dr. Laura Herrera Scott, Secretary of Health.
- Kris mentioned 2 nursing students participated in the Skills USA – came in at 6th & 7th in the nation.
- The next COA meeting will be held Thursday, August 17, 9 a.m. at Calvert Pines Senior Center.
- The meeting adjourned at approximately 10:37 a.m.

Respectfully Submitted,
Liz Youngblood, Office Specialist II